SATIPS
Support
Education
Training



IMPROVING THE MENTORING OF TRAINEE AND EARLY CAREER TEACHERS (ECTS)

TARGET AUDIENCE: School leaders, mentors, teacher trainers, and Early Career Teachers

Access to high-quality professional development for teachers is at the heart of any school improvement system. There are no great schools without great teachers.

THURSDAY 2ND OCTOBER 2025

4.00PM -6.30PM

Outcomes

Attendees will gain confidence in supporting trainee and ECTs, fostering well-being, and ways to ensure a positive early career teaching experience.

Overview

This course provides mentors with the essential skills to support trainee and ECTs, particularly those struggling with workload, confidence, or well-being. It focuses on building strong professional relationships, effective communication, and practical strategies to foster resilience and promote emotional wellbeing.

Objectives

Participants will have opportunities to:

- Develop mentoring skills to support struggling ECTs
- Build positive, trust-based relationships with trainees
- Recognise and respond to signs of stress, anxiety, or burnout
- Apply strategies to promote well-being and work-life balance
- Create a supportive school culture for ECTs

Structure

1.The role of a Mentor

- Key mentoring skills: active listening, empathy, and feedback
- Balancing challenge and support in mentoring relationships

2.Building trust and effective communication

- Encouraging openness and psychological safety
- Coaching techniques for problem-solving

3.Supporting physical and emotional well-being

- Identifying stress indicators and emotional struggles
- Providing emotional and practical support

4.Practical strategies for struggling ECTs

- Workload management and resilience-building
- Signposting to additional resources

Speaker: John Rees



John is a Senior Associate with JMC Education and has been an independent educational advisor since 2006.

John currently works with Local Authorities, schools, and commercial organisations, to improve outcomes for children and young people through staff development across the UK and overseas.

Details

The Webinar will be online, using Zoom, and delegates will be sent a code in order to sign in. Delegates will be provided with all the materials and the Powerpoint as a pdf.

Cost per Delegate:

SATIPS MEMBER SCHOOLS EARLY BOOKING (PRIOR TO 17 SEPTEMBER 2025)	£60
(MEMBER SCHOOLS WHO BOOK 3 OR MORE DELEGATES PRIOR TO 17 SEPTEMBER 2025 WILL BE CHARGED £50.00 PER DELEGATE)	
SATIPS MEMBER SCHOOLS (FOR BOOKINGS BETWEEN 17 SEPTEMBER AND 27 SEPTEMBER 2025)	£75
NON- MEMBER SCHOOLS	£85

No bookings will be taken after 27th September 2025

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