SATIPS
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Training



BUILDING THE CAGE: HOW TO DEVELOP EFFECTIVE AND IMPACTFUL STAFF WELLBEING

Creating a thriving, healthy school environment is essential for the success of both staff and students. However, schools often face unique challenges in maintaining staff wellbeing due to the complex demands of the education system. Ensuring that staff feel supported, valued, and empowered is crucial for fostering an environment where everyone can perform at their best.

TUESDAY 28TH JANUARY 2025

4.30PM TO 6.00PM

Target Audience

School leaders, teachers, middle managers, pastoral teams, and educational staff who have an interest in or responsibility for staff wellbeing.

This webinar will address common questions such as:

- How can school leaders create a culture that promotes staff wellbeing?
- How can schools support staff through challenging times, especially in a high-pressure environment?
- What systems and strategies should be in place to ensure ongoing support for staff?
- How can the school's leadership model wellbeing to the wider staff body?

Booking this course will enable staff to explore key topics, including:

- Strategies for promoting positive mental health among staff.
- Techniques to support staff during periods of high stress.
- How to integrate wellbeing practices into the daily routines of the school.
- Addressing potential challenges and developing resilience within teams.

INSET Outline

This session is designed to be highly practical, with interactive discussions and clear strategies that leaders can implement to improve staff wellbeing. Participants will leave with a set of tangible actions to create a supportive, positive school environment.

During the session, participants will explore:

- Identifying potential challenges to staff wellbeing and creating solutions.
- Practical strategies to promote a positive, supportive working environment.
- How to promote open communication and trust among staff.
- Leadership styles that inspire and foster staff engagement and morale.

Practical Applications:

- "Start from where you are" – assessing the current wellbeing culture in your school.
- Techniques for managing staff anxiety, workload concerns, and building resilience.
- How to communicate effectively with staff and listen to their concerns.
- Implementing systems that support ongoing staff wellbeing beyond initial interventions.

Speaker: Adam Gillett



Adam is a dedicated advocate for improving staff wellbeing and mental health in schools. With over a decade of experience as an educator, leader, and consultant, Adam has been instrumental in helping schools develop cultures of empathy and support. As a Vice Principal in a large secondary and with a Master's degree in School Leadership in Mental Health, Adam's approach blends academic insights with real-world application. His work with the Department for Education (DFE) and as a recognised Inspirational Teacher Award winner demonstrates his deep commitment to fostering environments where both staff and students can thrive.

Adam has delivered numerous training sessions and webinars aimed at empowering school leaders to prioritise staff wellbeing and enhance their school culture. His practical, evidence-based approach ensures participants leave with actionable strategies to make meaningful change.

Details

The webinar will be hosted online using platforms such as Zoom or Teams. Attendees will be provided with all relevant materials, including a PDF of the PowerPoint presentation.

Cost Per Delegate

SATIPS MEMBER SCHOOLS EARLY BOOKING (PRIOR TO 19 JANUARY 2025)	£30
MEMBER SCHOOLS WHO BOOK 3 OR MORE DELEGATES PRIOR TO 19 JANUARY 2025 WILL BE CHARGED £25.00 PER DELEGATE	
SATIPS MEMBER SCHOOLS (FOR BOOKINGS BETWEEN 19 - 25 JAN 2025)	£42
NON- MEMBER SCHOOLS	£50

No bookings will be taken after 25 January 2025

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