

# SATIPS

Support and training in Prep, Primary and Senior Schools

Physical Education

## Featured Article

IPLA Conference 2018: Physical Literacy – Coaching, Community and Education

26th – 28th June 2018, Sport Wales – Cardiff (UK)  
This conference being held by the International Physical Literacy Association (IPLA), in Cardiff, will provide an opportunity for professionals and volunteers involved in coaching, community provision of physical activity, health and education, to share their practice and learn from each other.

The goals of the IPLA Conference 'Physical Literacy – Coaching, Community and Education' are:

- Bringing together international speakers, researchers, practitioners, policy makers, and administrators; to share their knowledge during formal keynote presentations, workshops, paper presentations and practical sessions.
- Celebrating the impact physical literacy has on individual communities (both locally and globally).
- To challenge, inspire and support practitioners in providing accessible opportunities to nurture physical literacy.
- Providing opportunities to network with other professionals to share ideas and resources.
- Promoting the value of physical literacy across the lifespan worldwide.
- To continue to develop the concept of physical literacy, providing a forum for exchange of views and research.

For more information or to register please visit [www.physical-literacy.org.uk/events/](http://www.physical-literacy.org.uk/events/)

Educational use of Social Media and Apps Information Communication Technology (ICT) rapidly and incrementally changes over time. The use of ICT In the modern world has evolved to become an integral part of everyday life, whether communicating, accessing or downloading data, across the vast spectrum of devices and platforms in use today. It is important that education responds accordingly to this technological demand, ensuring that what is being taught and learnt in schools across the country remains relevant and engaging. The use of ICT within education can aid the development of physically literate individuals who are competent and confident in using a wide

array of digital media and technology to enhance their physical literacy journey within and beyond compulsory education.

Recent advancements in ICT have allowed for the use of mobile technology and micro blogging within education to become a reality. Mobile apps, and micro blogging websites such as Twitter, have the potential to really enhance learning experiences within education. This article outlines how this technology can be used to enhance teaching and learning experiences and promote physical literacy.

Learning is no longer confined to a particular fixed location but instead, as a result of mobile technology, access to educational content is available at anytime and anywhere around the world. The use of apps and micro blogging can enable active engagement and personalised learning by fostering curiosity and interest. Creating ICT opportunities that encourage pupils to interact and engage with the learning content, both within and beyond the classroom, improves the impact and reach of education. The use of apps and micro blogging can also promote independence, create effective assessment and stimulate out of school hours learning. A number of mobile apps that are ideal for promoting physical literacy within physical education are outlined on the following page.

## The Power of Micro Blogging

Micro blogs allow users to exchange small elements of content such as short sentences, individual images, video, or links to external websites, documents and media. Micro blogs can reach a large or targeted audience with relatively low admin, which makes information widely available from numerous sources around the world. The power of micro blogging is that you can access vast amounts of information or create information with relative ease.

## Twitter for Teachers

Twitter is an online social networking and micro blogging service that enables its users to send and read text-based messages of up to 140 characters, known as "tweets". There are a number of ways twitter can help teachers. Twitter facilitates effective networking with other professionals, enables the sharing of news and information, online CPD and discussion topics to

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further knowledge and share best practice, and much more.

## Twitter for Students

Twitter can be used by students in a variety of ways. Twitter can be used as an information and news repository, students can create micro blogs to demonstrate knowledge or ask questions, students can use twitter for revision and discussion topics to assist with homework/coursework, and to network with other students.

## Physical Literacy: A Guide for Educators

Physical Literacy: A Guide for Educators is an essential read for anyone trying to understand physical literacy in more detail and for those seeking to embed it within their educational practice. This text is full of practical examples of how physical literacy can be embedded within schools and provides teachers with a clear description of what physical literacy looks like in practice. It contains an accessible overview of the concept of physical literacy, as well as practical recommendations for constructing physical literacy informed lessons, extra-curricular and enrichment activities.

For more information or to order a copy please visit <https://scholarly.com/physical-literacy-guide-for-educators>

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